

LOS ANGELES - NEW YORK FOOTRACE

19 June to 25 August 2011

ARTICLE 1: ORGANIZATION

UltraRunning Association (URA) is organizing the « LA - NY FOOTRACE » which will take place from 19 June to 25 August, 2011 between Los Angeles and New York. URA retains the right to modify these race rules and/or the itinerary in case of circumstances beyond its control: administrative problems, weather conditions or other risks.

ARTICLE 2: THE RACE

The « LA - NY FOOTRACE » is a free style race, by stages, over a distance of approximately 3000 miles without a single day of rest.

ARTICLE 3: ELIGIBILITY

Eligible to participate: A person of any nationality, 18 years of age or older who meets the requirements of these race rules.

ARTICLE 4 : RACE SCHEDULE

The night before departure there will be an information meeting. The place, date and time of the meeting will be communicated at a later date. All runners and followers (where applicable) must be present.

At the meeting you will receive bibs with numbers and a road book with details of every stage of the race.

Departure: June 19 from Santa Monica, California

Itinerary: California - Nevada - Arizona - Oklahoma - New Mexico - Missouri - Illinois - Indiana - Ohio - Pennsylvania - New Jersey - New York

Arrival: August 25 in New York

ARTICLE 5: RUNNER WITHOUT FOLLOWER(S)

In order to have as many participants as possible, we will accept runners without followers; however, we make it clear to these participants that under no circumstance will the race organization act as a follower. Runners without followers are responsible for their own navigation with the road book and for their food. The organization will set up aid stations every 4 miles which will providing water, energy drinks and bars. The organization's vehicle will go back and forth during the race carrying water but it will not make special trips for individual runners.

Wherever possible we suggest that runners without followers group together in order to share a vehicle and a follower or stay close to someone who has a support team in order to share a vehicle and the services of a follower.

ARTICLE 6: RUNNER WITH FOLLOWER(S)

A runner can be accompanied by one or several followers and by a vehicle for the entire race and on each stage.

If several runners wish to use the same team (vehicle and follower) they can do so but it is entirely their responsibility and they must inform the organization.

Each vehicle must be marked, in a way that is visible to all, with the number or numbers of the bibs worn by the runner or runners it is assisting.

ARTICLE 7: RANKING

At the end of each stage a ranking for the day and a general ranking (the total of previous stage results) will be available to all participants.

There will be one ranking: scratch, regardless of age.

There will be separate rankings for men and women

Time limit: This equals the distance to be run multiplied by the average time of 5.7 KPH or 3.5 MPH.

If a runner exceeds this time he/she will be disqualified and excluded from the race. The runner may continue to participate in the race but will not be ranked.

ARTICLE 8: IDENTIFICATION MARKS : BIBS AND SPONSORING

Bibs:

URA will supply a set of personalized bibs to each runner for the entire race. Bibs must be worn on the chest of each runner and be visible at all times. If the bib is not visible at all times there will be a penalty.

Individual sponsoring:

Runners may wear branded t-shirts, except on the chest (the space reserved for the bib), shorts, caps and water bags.

Note: The organization reserves the right to prohibit any discriminatory or indecent markings.

ARTICLE 9: GENERAL ORGANIZATION

URA is responsible for:

- basic breakfasts (only for each runner): tea, coffee, sugar, bread, jam.
- Approximately every 4 miles there will be an aid station providing: water, energy drinks and bars.

URA will not provide the evening meals or sleeping accommodation

For runners without a team (vehicle and follower(s)), the organization can, if requested, reserve accommodation in the same hotel as the organizers. If the runners wish to stay in another hotel they must make reservations themselves.

ARTICLE 10: ORGANIZATION FOR DAILY DEPARTURE

All runners must be present at the starting point 25 minutes before the official departure time for the daily briefing and to sign the race sheet for the stage.

ARTICLE 11: ORGANIZATION DURING THE RACE

A vehicle of the organization will go back and forth during the race to ensure that everything is OK and that the race rules are respected. The people in these vehicles will be authorized to hand out penalties to runners.

ARTICLE 12 : MANDATORY

- For any part of a stage run at night, runners must wear a head light and fluorescent vest.
- Runners must wear a belt with bottles or a water bag (minimum 1.5 litres) for the entire stage
- Runners must maintain a minimum of \$10 on them through the race.
- Runners must keep the daily race sheet with them at all times during the stage.
- Runners and followers must adhere to the safety rules of the road and the laws in all the states crossed
- A guarantee of \$200 will be paid by each runner at the meeting before departure (a receipt will be given). This sum will be held to cover any expenses due to damage or fines incurred by the runner or follower(s). The amount will be returned to each runner at the end of the race or if he/she leaves before the end of the race.

ARTICLE 13: WITHDRAWAL

- 1) In case of withdrawal or elimination before 7 full days of the race, the runners cannot remain in the race and must make arrangements to travel to the city of their choice. The organization will not be responsible for managing their return.
- 2) After the 8th day of the race, runners who withdraw or are eliminated can, if they wish, run without a bib as long as they do not disturb other race participants. The names of the runners who are no longer part of the race will not appear on any ranking.

3) ARTICLE 14: UNTIMELY CANCELLATION OF THE RACE

If, due to natural catastrophe or events beyond the control of the organization, the race must be stopped after it has started, the organization will reimburse runners who are still officially in the race as follows: 70% of the total entry fee calculated pro rata for the number of days still to be run. For example: 20 days run on a total of 68 days, the reimbursement will be equal to the cost of the entry fee times 70% divided by 68 days and multiplied by 48 days (68 -20).

ARTICLE 15: PENALTIES AND DISQUALIFICATION

If a runner does not respect the rules of the race or laws of the states crossed, such as environment, or commits acts which could hinder the organization or the running of the race, he/she will receive a warning and then « time » penalties and eventually disqualification.

The final rules of the race will specify the time penalties that will apply to different offenses.

The committee responsible for sanctions will be composed of 3 people:

- 2 members of the organization
- 1 representative of the runners, or his/her alternate, who will be chosen by all the runners before the race begins

As a general rule, the runners' representative will be the spokesperson for all the runners in the race and will be the only one entitled to address requests, request explanations and make complaints.....

ARTICLE 16: ROAD BOOK

Once the entire entry fee has been paid, no later than 3 months before the start date of the race, the organization will send by mail a general road book with the number of stages, mileage on each stage and most important cities. The detailed road book will be given to runners at the meeting on the eve of departure.

ARTICLE 17: INSURANCE

It is strongly recommended that runners and followers take out insurance that will cover the cost of hospitalization and/or eventual repatriation to their home country.

Every runner and follower is responsible for his/her own health. The organization will not be held responsible for any health problem that may arise. A waiver of responsibility must be signed by each runner and follower for their enrollment to be valid.

ARTICLE 18: ENTRY FEES (All prices are in US dollars)

The entry fee is US \$6,500 (six thousand five hundred dollars) with or without follower(s)

The price will be increased:

- 5% for enrollments received between January 1 and March 19, 2011, included
- 10% for all enrollments received after March 19, 2011

- As of today a pre-enrollment is open until October 15, 2010 included. This will entitle you to receive a newsletter, to priority enrollment, and to a reduction of 5% on the entry fee (i.e. US\$ 6175 instead of \$6500) if you confirm after October 15, 2010.

Please fill in the pre-enrollment form and send it to the following address: lany11@orange.fr

At the time of this pre-enrollment (which is not binding), please give you last name, first name, age, nationality, sports resume and whether you plan to be accompanied, unaccompanied or wish to share a team (vehicle and /or follower) with other participants.

- Enrollments will be accepted starting October 15, 2010.

They will be processed in the order in which they are received, with priority given to pre-enrollments.

You can pay the total entry fee or pay by installment

The total entry fee must be paid no later than 3 months before the start of the race, i.e. Before March 19, 2011.

All payments, whether total or partial, are to be made by secure credit card payment on the following website www.sergegirard.com or by bank transfer.

The number of participants in the race is limited.

ARTICLE 19 : CONFIRMATION OF YOUR ENROLLMENT

Enrollment will be considered valid when:

- 1) The runner has paid the 5% deposit of the total entry fee, i.e., US \$325 or US \$308, 75 for pre-enrolled runners who confirm (this fee is to set up a dossier and is non-reimbursable).
- 2) The filled in and signed enrollment form (online on the website) is received by URA
- 3) The filled in and signed responsibility waiver (online on the website) is received by URA.

The printed documents are to be sent to:

- by post to UltraRunning Association, 1224, route du Rouvray, 76110 Grainville-Ymauville, France
- By e-mail with scanned documents to lany11@orange.fr
- By fax to 00 33 (0)2 35 29 15 69

URA will confirm receipt of your payment and your enrollment in the race by e-mail or by post or fax (for people who do not have Internet).

Enrollment will be registered as final when:

- The runner pays the total amount of the entry fee, i.e. the remaining 95% or the total amount 3 months before the start of the race.

ARTICLE 20: CANCELLATION AND REIMBURSEMENT

- Between 90 and 45 days before the race starts: reimbursement = 70% of the amount paid
- Between 44 days and 15 days before the race starts: reimbursement = 50% of the amount paid.
- Between 14 days and the start of the race, no reimbursement will be made.

Cancellations will be accepted upon receipt by URA of an e-mail, fax or letter of cancellation.

ARTICLE 21: ENTRY FEES COVER THE FOLLOWING FOR EACH RUNNER

- Organization of the race

- Reconnaissance of the itinerary
- A detailed road book
- A set of bibs
- Ranking
- Timing
- Briefing before departure with welcome drinks
- A prize for all « finishers »
- A diploma
- A t-shirt for everyone at the start
- A t-shirt at the end for all « finishers »
- The evening to celebrate the end of the race and award prizes
- Update of the race website
- A daily press release in each city stage
- Basic breakfasts: tea coffee, bread and jam
- Basic distribution during the race of: water, energy drinks and bars
- One night in a hotel in Las Vegas (double occupancy rooms)
- One night in a hotel in New York (double occupancy rooms)

ARTICLE 22: PHOTO RIGHTS

UltraRunning Association reserves the rights to use all the photos of the LA-Las Vegas Footrace.

The participants of the race authorize, free of rights, UltraRunning Association to use their name and photos for its personal or commercial use.